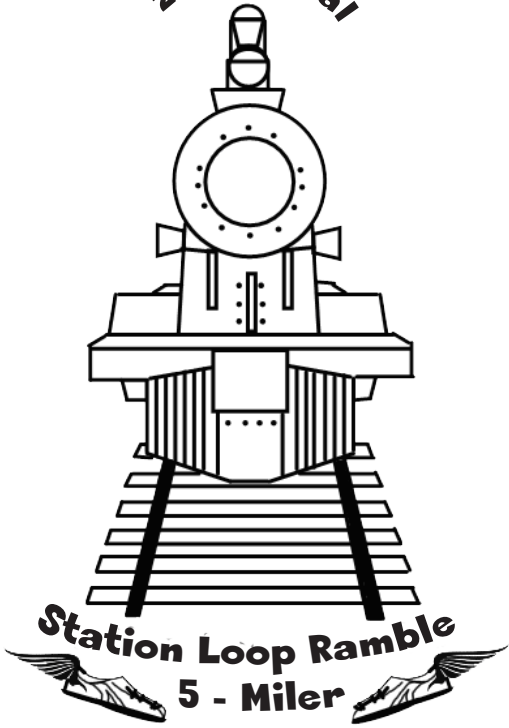


2nd Annual



Sunday, October 13, 2013, 10:00am

Depot Road, at the intersection of West and Hardwick Roads, New Braintree

A hilly road and trail race with a flat fast finish on the *Mass Central Rail Trail*.

Race begins and ends at the site of the former New Braintree Train Station, travels past scenic farmland, and through deep woods, and skirts the Ware River. Adults must accompany children running this course. Each mile is marked and mid-run water stop provided. Post race refreshments and free raffles to all entrants.

Entry fee: \$20.00 per adult - \$10.00 for children age 13 and under
All fees are non-refundable.

Adult registrations received by Sept 13, 2013 will receive a T-shirt.

For children registered by September 13, 2013 please include an additional \$5 for a T-shirt.

Registration: Begins at 8:30am and ends at 9:30am on October 13th.

Make checks payable to: East Quabbin Land Trust, Inc.

Mail to: East Quabbin Land Trust
P.O. Box 5, Hardwick, MA 01037-0005



Age Groups: 18 & under, 19-29, 30-39, 40-49, 50-59, 60-69, 70+

Prizes will be awarded to the overall first place male and female finishers, and the top finishers in each category... plus a prize for the youngest participant!

For more information, contact Cynthia Henshaw, 413-477-8229, chenshaw@eqlt.org

Please write clearly

Name: _____	Age on race date: _____
Address: _____	Sex: M ___ F ___
City _____ State ___ Zip _____	T-shirt size: S ___ M ___ L ___ XL ___
Email: _____	

Waiver of Responsibility must be signed for registration to be considered valid.

I agree to assume all responsibility for all risk of damage or injury to me as a participant in this event. In consideration of being accepted as an entrant in the East Quabbin Land Trust's Station Loop Ramble 5-miler, I hereby, for myself, my heirs, executors and administrators, release and discharge all organizations, and individuals associated with the race from all claims, damages, rights of action, present or future, whether the same be known, anticipated, or unanticipated, resulting from or arising out of, or in incident to, my participation in this event. I hereby certify that I will not participate in the run unless I am physically fit and sufficiently trained for completion of the event. I also give permission for the use of my name and/or picture in any broadcast, photograph or other account of this event.

Signature (required) _____

Parent Signature (if under age 18) _____